

A closer look at the complete Obagi® Nu-Derm® System

Prescription-strength ingredients ensure effectiveness

Product		Brief Description
1 Gentle Cleanser (Normal to Dry) <i>Or</i> 1 Foaming Gel (Normal to Oily) AM/PM		<ul style="list-style-type: none">• Gently removes impurities, oil, and makeup to leave skin clean and fresh
2 Toner* AM/PM		<ul style="list-style-type: none">• Adjusts the pH of the skin for increased penetration of system ingredients
3 Clear* AM/PM		<ul style="list-style-type: none">• A topical prescription treatment that includes 4% hydroquinone to reduce hyperpigmentation and improve uneven skin tone
4 Exfoderm® (Normal to Dry) <i>Or</i> 4 Exfoderm Forte (Normal to Oily) AM		<ul style="list-style-type: none">• Exfoderm: A plant acid (phytic acid) that removes old skin cells while promoting new skin cells for a lighter, brighter complexion• Exfoderm Forte: For skin that needs deeper exfoliation, an alpha hydroxy acid (glycolic acid, lactic acid) that removes old skin cells while promoting new skin cells for a lighter, brighter, firmer complexion

*For complementary results, apply the following Obagi products after Toner and before Clear:

- ELASTiderm® Eye Treatment—clinically proven to improve the appearance of elasticity and resilience and promote firmness around the difficult-to-treat eye area
- Professional-C Serum™ 20%, 15%, 10%, or 5%—potent L-ascorbic acid formulations that give the skin a Vitamin C boost for added protection and correction

Product	Brief Description
<p>5 Blender® PM</p> 	<ul style="list-style-type: none"> • A topical prescription treatment that contains 4% hydroquinone to target hyperpigmented areas of the skin and increase the penetration of the active ingredients of the system
<p>5 Refissa® Cream, 0.05% (if prescribed)</p> <p>Or</p> <p>5 Tretinoin Gel, 0.025%, 0.01% Tretinoin Cream, 0.1%, 0.05%, 0.025% (if prescribed)</p> <p>PM</p> 	<ul style="list-style-type: none"> • Complementary products for the transient side effects of tretinoin: <ul style="list-style-type: none"> – Action®: A moisturizing cream to be used as needed to soothe areas of dry, flaky skin – Tolereen®: Contains 0.5% hydrocortisone for the temporary relief of itching and burning associated with minor skin irritations – Eye Cream: A light moisturizing cream specially formulated to help control dryness around the sensitive eye area
<p>6 Healthy Skin Protection SPF 35</p> <p>Or</p> <p>6 Physical UV Block SPF 32</p> <p>AM</p> 	<ul style="list-style-type: none"> • SPF 35: A sunscreen with 9% micronized zinc oxide and 7.5% octinoxate that helps to protect newly transformed, younger-looking skin • SPF 32: A sunscreen with 18.5% zinc oxide that helps to protect the newer, healthier skin created by skin transformation
<p>6 Sunfader® SPF 15 (if prescribed)</p> <p>AM</p> 	<ul style="list-style-type: none"> • A topical prescription treatment that helps to protect skin from ultraviolet damage with 7.5% octinoxate and 5.5% oxybenzone, while minimizing uneven surface skin color and brown spots with 4% hydroquinone

Refissa [Tretinoin Cream, USP (Emollient) 0.05%] is indicated as an adjunctive agent for use in the mitigation (palliation) of fine wrinkles, mottled hyperpigmentation, and tactile roughness of facial skin in patients who do not achieve such palliation using comprehensive skin care and sun avoidance programs. REFISSA DOES NOT ELIMINATE WRINKLES, REPAIR SUN-DAMAGED SKIN, REVERSE PHOTOAGING, or RESTORE A MORE YOUTHFUL or YOUNGER DERMAL HISTOLOGIC PATTERN. Tretinoin gel and cream are indicated for topical application in the treatment of acne vulgaris.

